Life as an ANGLO Leader

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Student Programme Overview

ANGLO student programmes last 13 or 14-nights for the majority of student groups. Most ANGLO Leaders work for two back-to-back student programmes, therefore it can be said that the second programme is a 'repeat' of the first one.

Here is the outline of a typical student programme from the perspective of an ANGLO Leader:

> Note that ALs do not work in all the periods shown - the table shows all the sessions that occur during a student programme

14-Night Programme

Day	Morning	Afternoon	Evening
1	Prepare for Arrivals	Arrivals	Campus Tour & Welcome Evening
2	Workshop	Half-day excursion	Campus activity (e.g. sport/disco)
3	Workshop	Half-day excursion	Campus activity (e.g. sport/disco)
4	Full-day excursion with packed lunch		Campus activity (e.g. sport/disco)
5	Full-day excursion with packed lunch		Campus activity (e.g. sport/disco)
6	Sports activity	Half-day excursion with evening out	Late return from excursion
7	Sports activity	Half-day excursion	Campus activity (e.g. sport/disco)
8	Self-care morning	Half-day excursion with evening out	Late return from excursion
9	Self-care morning	Half-day excursion	Campus activity (e.g. sport/disco)
10	Workshop	Half-day excursion	Campus activity (e.g. sport/disco)

Day	Morning	Afternoon	Evening
11	Full-day excursion with packed lunch		Campus activity (e.g. sport/disco)
12	Full-day excursion with packed lunch		Campus activity (e.g. sport/disco)
13	Workshop	Half-day excursion	Campus activity (e.g. sport/disco)
14	Half-day excursion	Half-day excursion	Campus activity (e.g. sport/disco)
Dep/Arr	Assist with Departures	Arrivals (if subsequent student intake)	

13-Night Programme

Day	Morning	Afternoon	Evening
1	Prepare for Arrivals	Arrivals	Campus Tour & Welcome Evening
2	Workshop	Half-day excursion	Campus activity (e.g. sport/disco)
3	Workshop	Half-day excursion	Campus activity (e.g. sport/disco)
4	Full-day excursion with packed lunch		Campus activity (e.g. sport/disco)
5	Full-day excursion with packed lunch		Campus activity (e.g. sport/disco)
6	Self-care morning	Half-day excursion	Campus activity (e.g. sport/disco)
7	Self-care morning	Half-day excursion	Campus activity (e.g. sport/disco)
8	Workshop	Half-day excursion	Campus activity (e.g. sport/disco)
9	Workshop	Half-day excursion	Campus activity (e.g. sport/disco)
10		Transfer to London	Hotel check-in and walking tour
11	Full-day excursion in London		
12	Full-day excursion in London		
13	Assist with Departures	Return to centre (if subsequent student intake)	

Sample programmes for each ANGLO centre can be found on our website

Arrivals Day

> Note that an Arrivals Day may actually start with the departures from the previous programme so we cover that here

Morning

Departures

Departures usually take place in the morning. ALs may be tasked with meeting groups at their accommodation to:

- Collect students' room keys
- Aid with moving suitcases out of the accommodation block
- Accompany groups to the coach
- Wave a tearful goodbye

Arrival Preparation

In advance of groups arriving, ALs may need to prepare Welcome Packs and look at the Arrival plan to see when each group is arriving, what meal they will eat when they arrive, and when/where their campus tour and welcome presentation will take place

Afternoon & Evening

ALs assist with all the aspects they have prepared for: welcoming coaches, checking in groups, giving safety information, leading campus tours and attending welcome presentations.

> Managers will be on hand to give up-to-date arrival information for each group as there can be flight delays, baggage issues, or heavy traffic - all of which can cause delays

Typical Weekday

Every day is split into three periods: morning, afternoon, and evening.

There are also three meals: breakfast, lunch and dinner.

Here is an overview of a typical weekday at an ANGLO centre:

Period	Duty
Breakfast	Breakfast duty supervising students' breakfast time
Morning	Workshop or sports activity
Lunch	Lunch duty supervising students' lunch time - distributing packed lunches if required
Afternoon	Excursion
Dinner	Dinner duty supervising students' dinner time - promoting evening activity
Evening	Activity on campus (sports, disco, treasure hunt, karaoke, dance event etc)

> Note that table above gives an overview of all the events that take place on weekdays - it does not reflect that ALs may be on a session off, or a day off

Typical Weekend Day

Weekends at ANGLO centres are usually busier than weekdays as there are no lessons, and all the students go on excursions.

The day is again split into three periods: morning, afternoon, and evening.

There are also three meals: breakfast, packed lunch and dinner.

Here is an overview of a typical weekend day at an ANGLO centre:

Period	Duty
Breakfast	Breakfast duty supervising students' breakfast time - distribution of packed lunches
Morning	Assist students onto bus/train and accompany them on excursion, leading them according to the itinerary
Lunch	Packed lunch out and about
Afternoon	Resume the excursion itinerary, and accompany the students back to campus
Dinner	Dinner duty supervising students' dinner time - promoting evening activity
Evening	Activity on campus (sports, disco, treasure hunt, karaoke, dance event, etc.)

> Note that table above gives an overview of all the events that take place - it does not reflect that ALs may be on a session off, or a day off

Shift Pattern Example

We have looked at tpyical weekdays, typical weekends, and an overview of an entire student programme, let's conclude with an example of a weekly rota for an ANGLO Leader.

Day	B	Morning	L	Afternoon	D	Evening
Saturday	Packed	FD				Activity
Sunday					D Duty	
Monday	DAY OFF					
Tuesday				HD + MO		
Wednesday	B Duty	Misc 2	L Duty			Activity
Thursday				HD + MO		
Friday	B Duty	Workshop	Packed		D Duty	Activity

> The schedule above equates to approximately 44 hours of work. Note that the real working times will differ due to a variety of factors, for example a change in the programme, a transport delay, or an activity finishing early.

Key:

B = Breakfast, L = Lunch, D = Dinner

Duty	Abbr
Breakfast duty	B Duty
Lunch duty	L Duty
Dinner duty	D Duty
Workshop session	Workshop
HD excursion	HD
HD excursion & meal out	HD + MO
Activity session	Activity

Duty	Abbr
Disco session	Disco
FD excursion	FD
Arrivals duty	Arrivals
Departures duty	Departures
Packed Meal Prep	Packed
Training	Training
Miscellaneous 1	Misc 1
Miscellaneous 2	Misc 2
Miscellaneous 3	Misc 3